CERTIFIED HOME CARE
OF GEORGIA, LLC
When Life Changes, *We Show Up.*®
Because Easier Days Start With a Caregiver.®



Having a Hard Time Getting Around or Keeping Up with Daily Living at Home?

♥ WE CAN HELP!

1. Having trouble getting around?

- We help make everyday activities easier and safer.

2. Struggling with everyday chores?

- We help with bathing, meals, laundry, and light housekeeping.

3. Only need a little help?

- Choose flexible home care from just 1 hour to 24/7.

770-635-8042

www.certifiedhomecareofgeorgia.com

A Warm Welcome

Finding care should begin with understanding, not pressure.

Caring for someone you love is meaningful, but it can also bring questions, uncertainty, and decisions you never expected to make.

This guide is here to help you recognize when support may be useful, compare your options, and choose care that respects your loved one's routines, preferences, and independence.

INSIDE THIS GUIDE

- 12 signs that a little extra help may make life easier
- Ways to arrange home care, from occasional visits to daily support
- What to look for in a home care company
- Questions that help you make a confident decision
- A simple checklist for your next step

You do not need to have every answer today. A good care conversation starts with listening.

12 Signs It May Be Time for Home Care

Noticing changes early can help you plan before a stressful moment.

1. Bathing, dressing, or grooming feels more difficult.
2. Meals are skipped or food preparation is becoming a challenge.
3. Housekeeping and laundry are harder to manage.
4. Forgetting appointments or everyday routines is more common.
5. Balance, mobility, or fall-related concerns are increasing.
6. A loved one is spending more time alone or feels isolated.
7. Recovery after surgery or illness calls for extra support.
8. Family caregivers are feeling exhausted or stretched thin.
9. Getting to errands or appointments has become difficult.
10. Changes in energy make usual activities harder.
11. There are worries about being alone or staying comfortable.
12. Your loved one simply says, “Life is getting harder.”

One sign does not automatically mean home care is needed. Look at the whole picture, talk with your loved one, and ask questions.

Understanding Your Care Options

Home care is not one size fits all. The right schedule depends on your day.

Hourly visits

Help for a few hours, such as bathing, meals, light housekeeping, companionship, or errands.

Daily or ongoing care

A consistent schedule on selected days, weekends, or throughout the week.

Extended or 24-hour coverage

Longer shifts or coordinated around-the-clock caregiver coverage for people needing frequent support.

Live-in arrangements

A caregiver stays in the home with planned sleep and break periods. This differs from continuous awake care.

Ask about minimum visits, caregiver schedules, backup coverage, pricing, and how the plan can change as needs change.

Note: Home care is not a substitute for emergency or skilled medical services.

What to Look for in a Home Care Provider

The best fit combines competence with respect, reliability, and trust.

Licensing and accountability

Ask whether the provider is licensed for the services it offers and how care is supervised.

Caregiver screening

Ask about background checks, references, interviews, and training.

A personalized care plan

Look for a company that listens to routines, preferences, and changing needs.

Clear communication

Find out who checks in, who takes concerns, and how updates are shared.

Dependable scheduling

Discuss backup plans, changes, cancellations, and caregiver continuity.

Transparent pricing

Request written rates, minimums, holiday terms, and payment policies.

Respectful relationships

Notice whether people listen carefully and treat your loved one with dignity.

A recommendation may open the door. Careful screening and consistent standards should determine who provides the care.

Important Questions to Ask

Save these questions for your first call or home care consultation.

? Are you licensed to provide the services I need?

? How do you screen, train, and select caregivers?

? Can you personalize care around our routines and preferences?

? What services are included, and what is not permitted?

? Can visits be short, occasional, or scheduled every day?

? How do you handle caregiver absences or schedule changes?

? Will someone check in to see whether care is going well?

? What are the full rates, minimums, and cancellation terms?

? How soon could care begin if we need help quickly?

? What happens if our needs change or the match is not right?

A trustworthy provider should welcome your questions and explain its policies in plain language.

How We Make It Easier for You

We listen first. Then we customize.

At Certified Home Care of Georgia, our approach begins with a simple question: “What would make your day easier?”

We listen before recommending care.

Your needs, routines, concerns, and preferences guide the conversation.

We plan around the individual.

Support may include personal care, companionship, meals, and daily activities.

We take caregiver selection seriously.

Caregivers are screened and matched with attention to your needs.

We stay connected.

Check-ins and ongoing communication help us hear what is working.

We offer flexible scheduling.

Services are offered seven days a week; one-hour visits are available in select counties.

We take our word seriously.

We aim to follow through with dependable, respectful, customized care.

Because Easier Days Start With a Caregiver.

Your Getting-Started Checklist

A little preparation can make the first conversation easier.

- [ ] Talk with your loved one about what matters most to them.
- [ ] Write down daily routines that are becoming difficult.
- [ ] Decide when support would be helpful: mornings, afternoons, evenings, or weekends.
- [ ] Think about companionship, personal care, meals, errands, and safety concerns.
- [ ] Consider the budget, payment options, and any long-term care insurance.
- [ ] Prepare questions about caregiver selection, schedules, and changes.
- [ ] Ask for a personalized plan and clear next steps.

YOUR TOP THREE PRIORITIES

1. _____
2. _____
3. _____

You can start with a conversation. You do not have to decide everything before you call.

A Caring Conversation Starts Here

Certified Home Care of Georgia

Founded in 2008 and rooted in hands-on caregiving experience since 1987, Certified Home Care of Georgia provides customized, non-medical home care for families who want help making everyday life safer, more comfortable, and easier.

OUR PROMISE

Reliable Caregivers

Personalized Support

We Listen First

Let’s Talk About Your Care

Call: 770-635-8042

certifiedhomecareofgeorgia.com

When Life Changes, We Show Up.

Ask questions. Share what would make life easier.

We’ll help you explore the next step, at a pace that feels right for your family.

This educational guide does not replace medical advice or emergency services.